

Health and Social Care - Key Stage 4 Curriculum



Curriculum Intent

We have a strong belief that PE, sport and physical activity provides a great opportunity and vehicle for **personal growth**, improving competence, building character and self-discipline, to help students make positive contributions in sport and wider society. As part of the PE department health and social care will provide students the opportunity to develop knowledge and understanding of human life span development, health and social care services and values and health and well-being. At the end of year 11 a student at TASE will leave with an ambition and motivation to continue to be physically active and aware of the impacts exercise has on the health. Through a broad and balanced experience, they will acquire the knowledge, core skills and attributes to develop their physical literacy; motivation, confidence, physical competence, knowledge and understanding that sets the foundations for a career within the health sector.

Overview

Year 10

Component 1: Human lifespan development

Topic Area 1: The life stages and Physical, Intellectual, Emotional and Social development definitions (PIES).

Topic Area 2: PIES at infancy

Topic Area 3: PIES at childhood

Topic Area 4: PIES at adolescence

Topic Area 5: PIES at early adulthood

Topic Area 6: PIES at middle adulthood

Topic Area 7: PIES at later adulthood

Topic Area 8: Factors effecting growth and development

Topic Area 9: Life events that impact PIES within the life stages.

Topic Area 10: Coping with change caused by life events

PSA assessment window February. 30% of the overall grade.

Component 2: Health and social care services and values

Topic Area 1: Health care services

Topic Area 2: Social care services

Topic Area 3: Barriers to accessing services

Topic Area 4: Skills and attributes in health and social care

Year 11

Component 2 continued Health and social care services and values

Topic Area 5: Values in health and social care services

PSA assessment window September. 30% of the overall grade.

Component 3: Health and wellbeing

Topic Area 1: Factors effecting health and wellbeing

Topic Area 2: Interpreting health indicators

Topic Area 3: Person centred approach to improving health and wellbeing

Written examination May/June. 40% of the overall grade.

Content

Year 10

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Component 1: Human lifespan development. Students will learn what the different life stages are and develop knowledge and understanding of the physical, intellectual, emotional and social developments at infancy, childhood, adolescence and early adulthood.	Component 1: Human lifespan development. Students will learn the PIES at middle adulthood and later adulthood. Students will learn factors that effect growth and development and how people cope with key life events.	Component 1: Human lifespan development. Students will recap the course syllabus for component 1 and prepare for the January PSA assessment window.	Component 1: Human lifespan development. Students will complete the PSA assignment. Exam conditions. Classroom based.	Component 2 : Health and social care services and values Students will learn about health and social care services.	Component 2 : Health and social care services and values Students will learn about the barriers to accessing health and social care services
In this unit students will learn about the different life stages and how humans develop physically, intellectually, emotionally and socially. The will look at the impact of certain factors on the development of these areas and how that can mould a young person as they grow and develop. Students will look more closely at particular life events and how these impact on the development of a human within the different life stages. This unit is assessed with 5, 12 mark questions completed from February in exam conditions.				This component will give you an understanding of health and social care services and will help you to understand the skills, attributes and values that are common across the sector (some of which are transferable to other sectors that involve interactions with clients or customers)	

Year 11

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Component 2 : Health and social care services and values. Students will recap the course syllabus for component 2 and prepare for the September PSA assessment window.	Component 2 : Health and social care services and values. Students will complete the component 2 PSA assignment. Exam conditions in a classroom.	Component 3 : Health and wellbeing	Component 3 : Health and wellbeing	Component 3 : Health and wellbeing Exam	
This unit is assessed with 5, 12 mark questions completed from September Y11 in exam conditions.		In this unit you will have the opportunity to explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society. You will understand the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. You will also learn how to plan and deliver your own small-scale health promotion campaign and how to evaluate your planning and delivery.			