

PSHE Phase One Curriculum 2023-24



Curriculum Intent:

The PSHE curriculum at Trinity Academy St. Edward's acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. The PSHE curriculum aims to equip young people with a sound understanding of risk and give students the knowledge and skills necessary to make **safe and informed decisions**. The aim of PSHE education is to reduce or **remove many of the barriers** to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHE curriculum will make a **significant contribution to pupil's Spiritual, Moral, Social and Cultural (SMSC) development**, their behaviour and safety and the school's statutory responsibility to promote pupil's wellbeing. The PSHE curriculum also challenges young people to be **ambitious** through exploring careers and the wider world of work, as well as through creating links with the community.

Overview

The PSHE curriculum incorporates the understanding of RSHE so that children understand how to manage risks and keep themselves safe in regard to relationships. We provide pupils with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Year 7

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
My body and me		British Values	Criminal justice	Managing my emotions	
The aim of this unit is to introduce Year 7 students to the Academy and its values and ethos. Pupils will have a clear understanding of what identity means and how identity and values can shape their future. Students explore issues linked to their health, such as healthy diets, mental wellbeing, puberty, consent (boundaries in friendships and relationships) and online relationships.		This unit is a citizenship-based unit focusing on British values which are a fundamental part of PSHE and wider school life. This unit will focus on applying British Values to the student's real world setting and the more diverse school setting they may find themselves in with the transition to secondary school.	This unit aims to allow students to experience elements of the criminal justice system whilst helping them learn the legal proceedings in the UK. This continues the theme of looking at British values, specifically the rule of law. Students will see a fictional crime incident	This unit will focus on managing the emotions that come alongside puberty. Students will have already begun this work at the start of the school year and this unit will build upon students' previous learning. Students will explore mindfulness, managing stress, resilience and confidence.	

	Students explore democracy, the rule of law, respect and tolerance.	from the initial crime-scene to prosecution in this project-based topic.	
--	---	--	--

Year 8

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Public health		Crime and punishment		Rights and respects	
<p>This unit will focus on students taking more responsibility for their own health and wellbeing and will also help students to spot and recognise misinformation online.</p> <p>Students will examine healthy relationships, dental hygiene, vaccines and immunisations, cosmetic surgery, cancer awareness and the benefits of exercise.</p>		<p>This topic has a theme of responsibility and independence, helping students to make correct choices when around negative influences or facing peer pressure.</p> <p>Students will learn why we need laws, crime in the UK, illegal drug use and the law, prescription drugs and tobacco and the law.</p> <p>Students will examine the CPS system and the role of the police and the courts. They will explore the justice system by examining what happens to young offenders in the UK.</p>		<p>This unit will continue to look at responsibility and independence and promote a better understanding of news on the internet.</p> <p>This unit will focus on creating a better understanding of protected characteristics and how they should be upheld within the school community.</p>	

Year 9

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Health and wellbeing		Relationships and Families	Money matters	Digital Footprints	
<p>Within this topic, students will continue to look at matters of health and wellbeing and how to keep themselves safe and healthy.</p> <p>In this topic, students will study: consent, fertility, domestic violence, Self-examination and Dangerous relationships.</p>		<p>This topic focuses on recognising different family types and also provides information on physical health and wellbeing.</p> <p>For example, within this topic students will study: marriage,</p>	<p>This unit is based around financial education. Students will continue their previous work alongside the Money Charity and will also deep dive in to topics such as budgeting,</p>	<p>Within this topic, students will look at digital safety and how to keep themselves safe online. Students will be looking at topics such as fake news. Biased writing, screen time and online gambling.</p> <p>This unit of work will link to students' previous learning of financial education.</p>	

<p>This unit will focus on helping students to recognise dangers within relationships and also how to maintain their own health and safety.</p>	<p>cohabitation, arranged marriage, pregnancy and miscarriage and adoption.</p>	<p>debt, payday loans and gambling.</p> <p>This topic is to help students develop a deeper understanding of the impact of financial decisions.</p>	
---	---	--	--

Who to contact about Phase One: Miss S Hammill

Email: shammill@stewards.trinitymat.org